

D-A Glides

♩ = 66

There are four steps to each downstroke:

Touching the string

Opening the fingers and laying the pick flat on the strings

Dropping the arm to the next string

Closing the fingers on the picks and returning to the string

Remember to keep the fingers loose on the pick and to let the whole forearm to fall gently to the next string on the third step. Always rest the pick on the next string after each stroke.